WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Tuna & Vegetable Pasta	Cottage Pie	Roast Chicken & Gravy	Deep Filled Meat & Potato Pie	Fishy Friday
	Crispy Green Salad	with Garden Peas &	Baton Carrots	& Greens	Garden Peas & Sweetcorn
		Sweetcorn	Roast Potatoes		Chipped Potatoes
Option B	(V) Veggie Meatball Sub with	(V) Veggie Sausages Toad in	(V) Vegetable Lasagne	(V) Chunky Vegetable Curry	(V) Cheese & Tomato Quiche
	Tomato Relish and Crispy	the Hole	Crispy Salad	with 50/50 Rice	Garden Peas & Sweetcorn
	Shredded Lettuce	Garden Peas	Crusty Bread	Naan Bread	1/2 Jacket Potato
	Chipped Potatoes	Creamy Mashed Potato			
Jackets or	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwiches					
Deserts	Mini Orange Biscuit & Fruit	Fruity Flapjack	Chocolate Sponge & Chocolate	Frozen Yoghurt	Lemon Drizzle Cake
	Slices		Sauce	or Fresh Fruit	
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	(V) Cooks Choice Pizza	Chicken Curry	Honey Glazed Gammon	Traditional Beef Scouse	Fishy Friday
	Coleslaw, Mixed Salad	Boiled Rice	Cauliflower, Broccoli, Carrots &	Beetroot or Cabbage	Mushy Peas
	½ Jacket Potato	Naan Bread	Gravy	Crusty Bread	Chipped Potatoes
			with Paprika Roasted Potatoes		
Option B	(V) Veggie Sweet & Sour	(V) Herby Cheese & Potato	(V) Sliced Quorn Fillet & Gravy	(V) Loaded Vegetable & Lentil	(V) Roasted Vegetable Pesto
	Boiled Rice	Puff Pastry Turnover	Vegetable Medley	Cottage Pie	Pasta
		Baked Beans	Roast Potatoes	& Greens	Crispy Salad
Jackets or	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwiches	_	_	_	-	_
Deserts	Shortbread Biscuit & Sliced	Ice Cream Pot	Rice Pudding & Jam Sauce	Fresh Fruit Salad	Fairy Cake
	Fruit				
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	(V) Quorn Bolognese	Chicken Tikka Curry	Roast Pork & Gravy	The Big Breakfast	Fishy Friday
	Spaghetti	Boiled Rice	Sweetcorn & Green Beans	(Sausage, Beans, Scrambled	Garden Peas
	Wholemeal Bread	Naan Bread	Paprika Potatoes	Egg, Toast or Sliced Brown	Chipped Potatoes
				Bread	
Option B	(V) Veggie Enchilada	(V) Meatballs in Gravy	(V) Quorn Fillet & Gravy	Salmon & Broccoli Quiche	(V) Tomato & Basil Pasta with
·	Crispy Salad	Garden Peas	Seasonal Vegetables	Garden Peas	Roasted Vegetables
	Crusty Wholemeal Bread	Mashed Potato	Roast Potatoes	Oven Baked Potato Wedges	Crispy Salad / Tear Bread
Jackets or	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwiches					
Deserts	Iced Muffin	Chocolate & Banana Brownie	Jam Sponge & Custard	Fruit Jelly & Cream	Mini Cookie & Sliced Fruit