

# **December Newsletter 2023**

### Spring 2023

Monday 8th Jan - Spring 1 Term begins / Year 3/4 begins swimming

Tuesday 9th Jan – Holy Communion Session 5 3:15-4:15

Monday 15th Jan- Y3-6 After school Netball (4 weeks)

Wednesday 17th Jan - Y3-6 After school Football (4 weeks)

Monday 22nd Jan - Holy Communion Session 6 3:15-4:15

Friday 26th Jan – PJ Day as requested by Student Council £2 donation

Friday 2nd Feb – Parent Coffee morning arranged my Mrs Lynn Rudd; Pastoral Advisor 9-10:30am

Tuesday 6th Feb – 2pm-6pm Virtual Parents Meeting

Wednesday 7th Feb – 2pm-5pm Virtual Parents Meeting & Final Holy Communion Session

Thursday 8th Feb- DIVERSITY concert at Pontins, Southport 6:30pm

Friday 9th Feb – Chinese New Year. £2 donation. Children can wear oriental clothes or something red, gold or yellow. No football kits. Term Ends 2:30pm

Monday 12th Feb - Friday 16th Feb - HALF TERM BREAK / Wednesday 14th Feb - Ash Wednesday

Monday 19th Feb - Spring Term 2 begins

Tuesday 20th Feb – Olympic Athlete to attend school

Tuesday 27th Feb - Cross Country Race 3 – Litherland Sports Park

Friday 7th Mar – World Book Day

Tuesday 12th Mar - Cross Country Race 4 – Hillside Playing Field

Wednesday 27th Mar – Whole school assembly 2pm.

Thursday 28th Mar – Mad Hair day.  $\pounds1$  donation. Term ends at 1:15pm

## A message from the Headteacher

St. Mary's Catholic

**Primary School** 

Back Lane, Little Crosby, Liverpool, L23 4TS

In God's light, we love, learn and grow together

When they saw the star, they rejoiced with exceeding great joy.

(Matthew 2:10)

www.stmaryscatholicps.co.uk

T: 0151 924 4447

This has been a very busy but productive term with building work progressing and welcoming new staff and families. The nativity plays, choir and the upcoming Christmas breakfast are and will be a huge success to help us all begin the Christmas season. The cold weather has not dampened spirts and we all look forward to spending time with family and friends.

As the year draws to an end, we should use this as a time to reflect on all the challenges we have faced and be grateful for all the joy and laughter we have had. The end of the autumn term and year is a reminder to all of us how important family and friendships are. Here is going into Christmas and the new year with a little more love, kindness and hope.

### Merry Christmas to you all!

Raffle tickets for prize hampers £1 a strip. Student council will be selling them each day and they are available in the office. Draws will take place at the infant nativities and on the last day.

| <ul> <li>The Hub of Hope is the UK's leading mental health hearity. Chasing the Stigma, and brings all mental health support database. The services and support listed on the Hub of Hope are not only for when things become unbearable – a crisis point. They are start to enter do or of the end of the path. Please do not drop them off on the safe or those times when we notice we are starting to struggle, or when we need extra support as we start to emerge from a particularly difficult time.</li> <li>The Hub of Hope also lists support and services for family members and friends to enable them to find help for themselves, as well as for the person they are supporting.</li> <li>Reverse Advent Thank you to everyone who donated to the food bank collection. The donations will go towards making those families and children happy this Christmas. It is always important to teach the youngest generation how fortunate they are compared to others.</li> <li>ACES (Adverse Childhood Experiences) - Support for Adults. Mrs Scott and Mrs Rudd, our Pastoral Advisor, wishes parents and carers to know that South Sefton Primary Care Network and Sefton Council are running a workshop to support our families that have suffered around this area. You can self-refer or get your GP to make the referral. Please stores to council are running a workshop to support our families that have suffered around this area. You can self-refer or get your GP to make the referral. Please stores to make the referral. Please to the source of the public has a list of the Counce of the public has a list of the counce of the public has a list of the counce of the public has a list of the counce of the public has a list of the counce of the public h</li></ul>  | HUB OF HOPE APP   | Breakfast Club & Mornings                        |  |  |          |  |  |  |
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| <ul> <li>workshop to support our families that have suffered around this area. You can self-refer or get your GP to make the referral. Please see the attached documents. Enquiries to</li> <li>Caroling managed around the set of to make the referral of the attached documents. Enquiries to</li> <li>Caroling managed around the set of to make the referral of the set of the attached documents. Enquiries to</li> <li>Caroling managed around the set of to make the referral of the set of t</li></ul>  | Sefton Primary Care Network and Seaforth Caradoc Mission 165 Seaforth Road, |  |  |  |          |  |  |  |
| Maghull Foodbank Date & Time Every<br>Tuesday 10.00 am - 12.00 pm. Location St<br>GP to make the referral. Please see<br>the attached documents. Enquiries<br>to<br>Carolino monorlan@southsoftonpo   |   |  |  |  |          |  |  |  |
| area. You can self-refer or get your<br>GP to make the referral. Please see<br>the attached documents. Enquiries<br>to<br>Careling managements from a self-refer or get your<br>GP to make the referral. Please see<br>the attached documents. Enquiries<br>to  | workshop to support our families  |  |  |  |          |  |  |  |
| GP to make the referral. Please see<br>the attached documents. Enquiries<br>to<br>Careling managements and souths often as  | that have suffered around this  |  |  |  |          |  |  |  |
| GP to make the referral. Please see<br>the attached documents. Enquiries<br>to<br>Careling managements and southsofteness.  | area. You can self-refer or get your  |  |  |  |          |  |  |  |
| to<br>Careling managements. Enquiries<br>Materloo - Waterloo Town Hall Great Georges<br>Road (access from Town Hall car park) L22   |   |  |  |  |          |  |  |  |
| to<br>Carolino monorlan@coutbooffonno   | the attached documents. Enquiries   |  |  |  |          |  |  |  |
| ( 'aralina manarlan/a) cauthcattanna  | · · · · · · · · · · · · · · · · · · ·                                       |  |  |  |          |  |  |  |
|   | Caroline.mcparlan@southseftonpc   |  |  |  |          |  |  |  |
|   |   | 0151 933 1300 0151 934 3055                      |  |  |          |  |  |  |
| ONLINE SAFETY NEWSLETTER  |   |  |  |  |          |  |  |  |

See the school website for the most up to date online safety newsletter. There are lots of posters for safety when using apps and platforms such as Tic Tok, Fortnight etc.

https://www.stmaryscatholicps.co.uk/page/?title=Online+Safety&pid=182

| Mass times<br>St Mary's<br>Sunday 11ar   |                                   | <mark>urches are:</mark><br><b>St Helen's</b><br>Sunday 10.00 | )am                    | <b>St Jos</b><br>Sat 6.3 | e <b>ph's</b><br>0pm. Sun 1 | 1am             |  |  |  |  |
|--|-----------------------------------|---|------------------------|--------------------------|-----------------------------|-----------------|--|--|--|--|
| St Mary'sSt Helen'sSt Joseph'sSunday 11amSunday 10.00amSat 6.30pm, Sun 11amSs Peter & PaulFriday Mass at 7:15 am on the first Friday of every month and in Advent  |                                   |   |                        |                          |                             |                 |  |  |  |  |
| Sat 5.45pm, Sun 10.30am  |                                   |   |                        |                          |                             |                 |  |  |  |  |
| Academisation letter<br>See the attached letter for information on St Mary's converting<br>into the Catholic Multi-Academy Trust.  |                                   |   |                        |                          |                             |                 |  |  |  |  |
|  | into the                          |   | <mark>IVIUIII-A</mark> | cademy i                 | TUSI.                       |                 |  |  |  |  |
| Thank you to all who have given a small donation for Mrs Davies. She is doing well and school intend to buy her some Christmas flowers and a voucher at the end of the term so she knows she is still in our thoughts and prayers .  |                                   |   |                        |                          |                             |                 |  |  |  |  |
| ATTENDANCE SUMMARY: 2023-24         Sefton council class any child below 90% as persistently absent. Our whole school target is 96% which tends to be in line with national averages. It is so important that children attend school as much as possible. We understand that this cannot be the case with genuine illnesses.         DARK GREEN-       GREEN – Good (96%+)         Very Good (96%+)       GREEN – Good (95-95.9%)         WHOLE SCHOOL - 95.5% |                                   |   |                        |                          |                             |                 |  |  |  |  |
| Reception 94.1%  | Year 1<br>94.9%                   | Year 2  | Year 3<br>98.5%        | Year 4<br>94%            | Year 5<br>97.3%             | Year 6<br>94.9% |  |  |  |  |
| Wishing all our families a wonderful, happy and safe Christmas.<br>Look after one another and we will see you all next year!   |                                   |   |                        |                          |                             |                 |  |  |  |  |
|  | CHRIST                            | MAS / WI  | NTER I                 | HOLIDAY                  | ' CLUB                      |                 |  |  |  |  |
| School are offering a Christmas / Winter holiday club on Friday 22 <sup>nd</sup> December, Thursday 28 <sup>th</sup> December, Wednesday 3 <sup>rd</sup> January and Thursday 4 <sup>th</sup> January 10am-2pm. The cost will be £6 per child per day.   |                                   |   |                        |                          |                             |                 |  |  |  |  |
| Children will need to bring a packed lunch with them.<br>The activities will consist of various Christmas crafts, snacks, Christmas movies, games and sport<br>activities.   |                                   |   |                        |                          |                             |                 |  |  |  |  |
| If you would like your child to attend, please complete the form below and send in the amount, as <b>all places need to be pre-booked and paid for</b> . This is to help arrange staffing and resources. Please let the office know.   |                                   |   |                        |                          |                             |                 |  |  |  |  |
| Name of child(rer  | ז)                                |   |                        | Year group               | o(s)                        | 🤌               |  |  |  |  |
| Friday 22 <sup>nd</sup> Dece<br>Thursday 28 <sup>th</sup> De<br>Wednesday 3 <sup>rd</sup> Ja<br>Thursday 4 <sup>th</sup> Jan   | cember £6.00 p<br>anuary £6.00 pe | ber child<br>er child   |                        |                          |                             |                 |  |  |  |  |
| Total amount end   | closed:                           |   |                        | (                        |                             |                 |  |  |  |  |



# SOUTH SEFTON

efton Council 💥

PRIMARY CARE NETWORK 

**DEFINE YOU** ACE's DON'T

**PROGRAMME:** 

FREE 10 WEEK

SOUTH SEFTON PRIMARY CARE NETWORN

Sefton Council ACE's = ADVERSE CHILDHOOD EXPERIENCES.

it is our job to support

The ACE's team will support

In England, nearly half of all adults have experienced at least one ACE. High levels of stress in childhood can have long terms effects on behaviour, learning, health and wellbeing.

12

- - -)

# Common ACE's:

 Neglect Domestic violence Abuse Substance misuse

ACE's stands for 'adverse childhood experiences', which are stressful or

What are ACE's?

traumatic experiences, which can include any form of abuse, neglect witnessing domestic violence or growing up with substance abuse

mental illness or parental

conflict.

Adults with mental Parents separated Adults in the prisor system health issues

# Free 10 week programme

This will also give you a better understanding of how ACE's healthy lifestyle within a safe and calming environment. has impacted you and your family and empower you to This will support you to build resilience and develop a make positive changes and choices

# How to refer:

Or you can ask your GP or social prescriber for a referral to the cmicb-ss.adult.aces.southseftonpcn@nhs.net Phone or text the ACE's team on - 07816116145 Refer yourself via emai

programme

FOLLOW US 

> escriber about a referral for eak with your GP or Socia Get involved:

Healthy Lifestyle

Programme **Adult ACE** 

Supports:

Building Resilience

**Positive Relationships** 

ACE's or contact: Email: cmicb-ss

helps my kids

and trauma.

experienced adversity people who have The ACE's programme will: choices in a safe and develop healthier lifestyle ou build resilience and supportive environment.

If you, your family o week programme! involved with our 10 experienced ACES, get someone you know

Help you understand ACE's and how they have impacted

you and your family

port you to deve

or nealthy coping and hea

Where to find us:

SEFTON

Sefton Council 🛣

Being with other people that have been through

come to the Ace: udged by anyone "I love that I can and won't be

"By me attending Aces



• 0 •

Making Connections





and getting support, it's made me realise it also

の表

0

07816116145 Call or Text:

Strategies Healthy Coping

Find us on

Anaging Emotions

Find us on